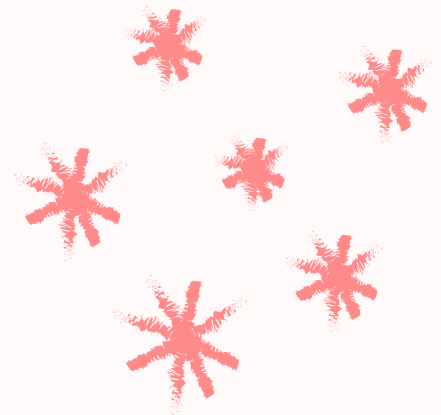
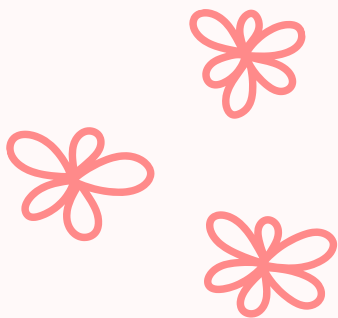


PERIOD PROJECT
NORTH CAROLINA

Period Project NC Student Toolkit



periodprojectnc@gmail.com



[@periodprojectnc](https://www.instagram.com/periodprojectnc)



periodprojectnc.org

Welcome!

Hey there! Welcome to Period Project NC!



Our organization is committed to providing free period products in public school bathrooms across North Carolina. Want to learn more and get involved? Keep reading!

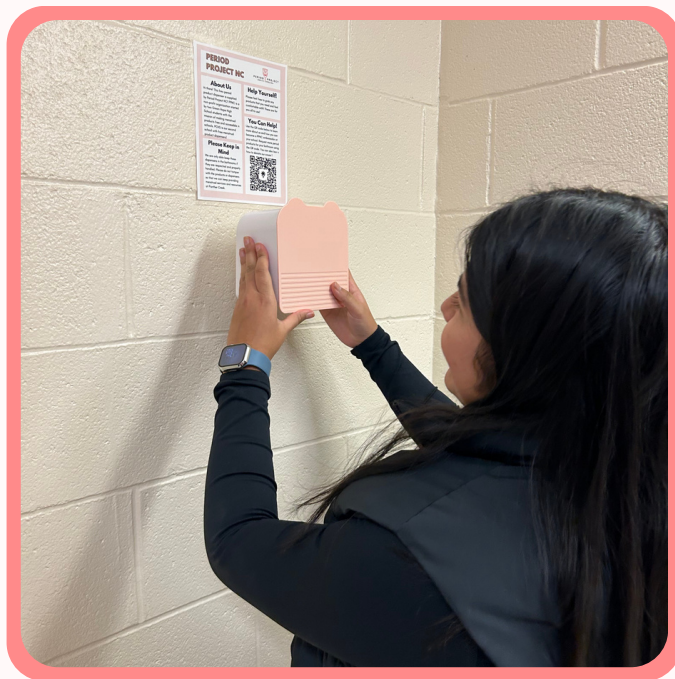


Our organization provides free period product dispensers in school bathrooms. These dispensers are stocked with free period products and maintained and refilled by our amazing ambassadors!

Why should period product be free in schools?

1 in 4 women cannot afford period products. Students absolutely fall into that statisti. In fact almost 84% of teens have missed a class or know someone who missed it because they don't have access to menstrual products.

(Aunt Flow)



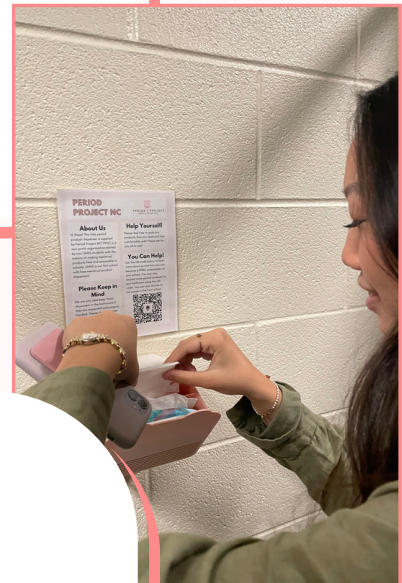
Our surveys have shown that 87% of students wish they had free period products in their school bathrooms.

What you can do!

Want period products in your school's bathroom? Here are some steps you can take to make some progress with our help!

Step 1

Send your administration an email requesting PPNC at your school. We recommend that you send this to your principal or student dean. Use our [email template](#) and make sure to cc us as well (periodprojectnc@gmail.com).

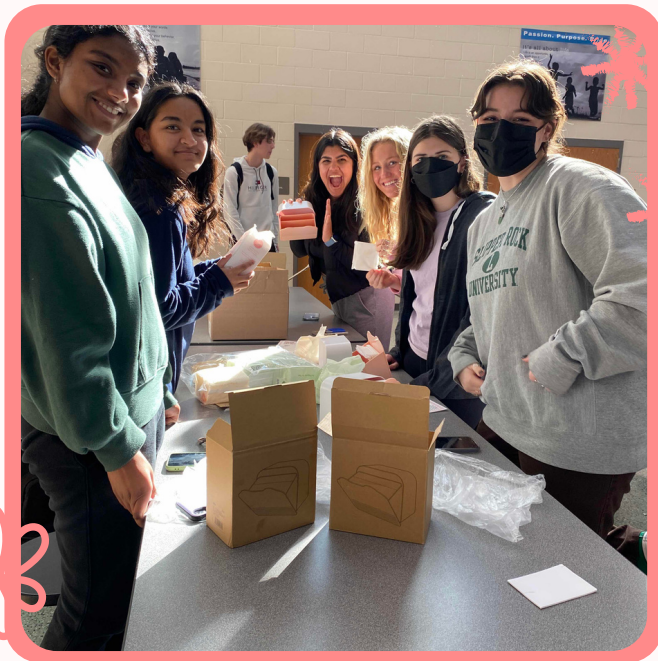


Step 2

Become an ambassador! Our ambassadors help us install and refill dispensers at their schools, fundraise, and spread awareness for our cause.

Step 3

If all goes well and we receive approval from your school's admin we will start planning for installation! Contact us with statistics of how many female bathrooms are in your school and how many menstruators attend your school.



Step 4

Once we have all of the stats we need we would move on with installation! We would set up a date and bring supplies including dispensers and products to your school!



Good Luck!

We hope this guide helps you advocate for free menstrual products in your school's bathrooms!

Have a question?

Don't hesitate to email or Dm us with any questions or concerns! We always love to help out however we can!

periodprojectnc.org

periodprojectnc@gmail.com

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